



SUN UP

NEWSLETTER

– Presented by The Spiritual Unity of Nations –



May 11, 2010

▲ Creating A New World

by John Davis

The Symbols of Sun Up



Sun Heat is the symbol used for editorials, letters to the editor and controversial topics.



Sun Lite highlights articles featuring entertainment, humor and just plain fun!



Sun Burst symbols will feature articles on newsworthy topics and themes on unity.



Sun Dance is the symbol for articles featuring people who help SUN by donating their talents to provide financial support to the SUN organization.



Sun Shadow accents articles which emphasize shining Light on the “dark side” of things.



Sun Dial is the symbol used for current event articles.



Sun Spotlight features articles about various groups and individuals who are dedicated to expressing their Divinity to create a Spiritual unification of humanity.

In this article, we will explore the power of the Word and of thought as tools of manifestation. Each of us is a co-creator with the Supreme Creator whether we realize it or not. We create for good or ill by the nature of our thoughts, words and deeds. Every person has the capacity to change the world. All it takes is intentional effort to manifest the world we desire. If each of us, with proper intent and motivation, takes responsibility for the nature and quality of our thoughts and the proper care of the little piece of earth over which we have stewardship, we could eliminate the negativity, fear and degradation that presently exist on the planet. If each of us choose to care for our fellow human beings who are less fortunate than ourselves in a spirit of philanthropy, we could eliminate suffering and want among the human family. These are realistic and achievable goals.

A simple daily regimen of meditation, prayer, and practical action in whatever form suits you — volunteerism, environmental activism, or other humanitarian endeavor — is all that is required to create the world you want. It does require discipline and the willingness to encourage others to do the same, for manifestation works best when the participants are great in number. This is the calling, which the Group Avatar hears. Every person on the planet who responds to the inner desire to serve in some fashion is a part of this group of world servers, and the contribution of each is as significant as that of the collective.

If you are reading this article, you are part of this group, whether conscious of it or not. The fact that you were drawn to its message is evidence enough. One need not be conscious of his/her mission to be able to fulfil it on the physical plane. There are many servers who would scoff at the idea that they are carrying out a plan devised by an unseen spiritual board of directors designed to help the planet transition to its next level on its evolutionary journey. Even so, this does not diminish the contribution they make. And in truth, knowledge of one’s part in the plan is only a secondary consideration; carrying it out is the primary goal.

That goal and the means by which it can be achieved is the subject which will be addressed in this article. To this end, we need to discuss the basic tool of manifestation available to everyone, thought. Everything that exists, or has ever existed, began as thought. The creation of the universe began as a thought in the mind of the Creator. On earth, the first being to create by thought was Thoth. Even

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THE SWORD AND THE SPEAR OF DESTINY



In the analysis of the chapters and verses of Revelation a common thread was discovered running throughout, a thread that would become apparent and then become almost invisible as if it was winking at me, teasing me to investigate further; a thread that I believe is an important, albeit subtle, feature of the Revelation message. This thread, represented by the cover illustration, relates to the concept of the Sword and the Holy Lance.

Throughout the Revelation text the word "Sword" and the numerological symbolism of the Sword keeps popping up. In addition, there are many phrases and images in this text which vibrate to the numbers 209 and 224, corresponding to the "Spear of Destiny" and the "Spear of Longinus," respectively. These two phrases are alternately referred to as the Holy Lance, and my research shows that they represent the same energy even though they have different numerological correspondences. The relationship between the "Sword" and the "Spear" was not at first clear until some literary sleuthing turned up a most intriguing story, which I recount below.

Another significant matter that came to my attention relates to the Kabalistic symbolism of the word "serpent," another word that appears frequently in Revelation. In the Hebrew Kabala, words are assigned a numerical value. The Hebrew word for "serpent" has a Kabalistic value of 358, which, when reduced numerologically equates to the

number 7. It so happens that the number 7 is also the Kabalistic value of the Hebrew word for "sword." As if this weren't enough, the number 358 corresponds to the Kabalistic value of Messiah. This is too much of a coincidence for me to dismiss as mere happenstance. I believe that the significance of the Sword and Spear is a major theme deliberately woven into the Revelation story by its author(s). To further emphasize the importance of the Spear and Sword theme I offer here a brief history of the known facts regarding this pair of symbols.

The Spear of Longinus, as discussed in Chapter 7, was given to the Centurion Gaius Cassius by Julius Caesar who used it to pierce Christ's side after his lifeless body had been removed from the Cross. It became a symbol of divine power when it drew blood from the wound, and was subsequently handed down through history to many powerful leaders, both famous and infamous.

The Spear was passed down from Gaius Cassius to his descendants until it came into the possession of Emperor Maximian, who gave it to Emperor Constantine on the occasion of his marriage to Maximian's daughter. From there the Holy Lance passed into the possession of Attila the Hun, who, not understanding its power, eventually returned it to Rome. The Spear was then passed down through a succession of Roman Emperors until it became the property of the Frankish general Charles Martel. Charlemagne became the next owner of the Spear and he carried it throughout his military career. In the ninth century A.D., King Heinrich I (Henry the Fowler) held it in his possession until he gave it to the English King, Athelstan. From there the Spear was passed on to a series of German monarchs, including Barbarossa. For several centuries, he was the last in a long line of owners to have the Spear in his personal possession, for at his untimely death during a Turkish campaign, his companion crusaders known as the "Teutonic Knights" placed the lance in a secret place for safekeeping until it was eventually transferred to Vienna, where it ultimately found its way into the collection of the Hofburg Museum, remaining there until 1938.

The Spear of Destiny was originally part of a set, the other half of which was the Sword. The pair was created in 3061 B.C. by a metalsmith named Tubal-Cain, a descendant of the biblical Cain. The properties of the Spear and Sword were such that they could not be dulled, nor would they rust, and were said to endow the possessor with invincibility as long as they were carried together. The metal of which they were made is believed to have been from a meteorite containing a variety of metals, in other words it was an alloy, made up of iron, carbon, chromium, nickel, tungsten and various other metals, which gave the blades their strength and remarkable properties.

The two weapons remained together for 3000 years passing from hand to hand until they were discovered buried at Masada by the Roman general Pompey in 63 B.C., who presented them to Julius Caesar. As stated previously, Caesar gave the Spear to Gaius Cassius. The Sword he gave to Brutus, a decision which was to portend his undoing, for Brutus used it to strike Caesar down during his infamous assassination.



The history of the Spear of Destiny or Longinus is known well into the 20th century, but the lineage of the Sword has been less clear. It was eventually given to Aulus Plautius by Emperor Claudius in 43 A.D., and was then passed on to a commanding officer of the Roman legions in Britain, Ostorius Scapella. Scapella presented it to the Celtic Queen Cartimandua of the Brigantes, and the Sword eventually found its way into the hands of Queen Boudicca, Celtic Queen of the Iceni, in 65 A.D. From there the history of the sword's ownership is murky until we get to the late 5th century, where it surfaces again as the fabled sword Excalibur. If this assumption is correct, and it is most likely so, King Arthur was the last mortal to hold the physical Sword in his possession. From the time that Bedivere threw the Sword into the waters of the lake, it has remained in the possession of the Lady of the Lake, as no trace of the fabled Sword Excalibur has ever been found. But the physical existence of both talismans of power is only part of their importance for they possess important symbolic significance as well. Many have symbolically held them—the biblical patriarch, Abraham—“The Father of Many Nations”—as well as Abraham Lincoln and Thomas Jefferson are among them—and at the present time this energy is held by many more.

Of the two, the Spear of Longinus has been much more prominent even in modern times. Adolph Hitler became obsessed with the power of the Spear when he was living in Vienna. Hitler was actively involved in the occult, his interest in which began during this time. After he rose to power, he was determined to obtain possession of the Holy Lance to endow himself with the invincibility the Spear promised. After Austria was annexed to Germany during World War II, Hitler finally realized his dream, although it was a short-lived victory, for as the legend states, in the hands of an evil master the Spear would only protect him until it passed from his possession.

A copy of the Spear was fashioned by a Japanese craftsman at the behest of Himmler, who was also privy to knowledge of the Spear's legendary power. It was this Spear which was recovered by the American 45th Army Division in April 1945. The authentic Spear of Destiny had been secretly shipped to Antarctica along with other treasures of the Third Reich and buried in a subterranean cave in the spring of 1943. Wilhelm Bernhart, co-author of *Adolph Hitler and the Holy Lance*, was a member of the team assigned the task of hiding the Spear in its icy vault. He states that the Spear remained there until July 1979, when a team of four German Knights of the Secret Order of the Sacred Lance secretly led an expedition to Antarctica to recover the Spear and return it to Germany where it rests today at a secret location under 24-hour guard. Bernhart states that the mission of these Knights of the Order of the Sacred Lance is to work to secure world peace and they all share a devotion to Christianity and the institution of democratic ideals. I am hopeful that this is true, for enough blood has been shed in pursuit of the ultimate power represented by the Spear.

History aside, the significance of the Spear of Longinus/Destiny and its original mate, the Sword, is clearly marked in Revelation scripture. The following Appendices provide more detailed analyses of the twenty-two chapters of the Book of Revelation, a thorough discussion of which would have proven unwieldy in the main text of the book. In them, you will see the Sword and the Spear of Longinus/Destiny emerge as participants in a carefully choreographed dance, which the author(s) of Revelation must have intended to be discerned by careful scholarship.



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Creating A New World..

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his name evokes the power of thought — Thot(h). According to the Dictionary of All Scriptures and Myths, Thoth “was the incarnated Thought, the living Word...the divine intelligence, which at the creation uttered the words, which resulted in the formation of the world. He was self-produced, and was lord of earth, air, sea, and sky; he was the scribe of the gods, and the inventor of all arts and sciences.”

Alice Bailey wrote of the Power of the Word or “the Word of Power” (AUM) wherein she described the Logos, or Creative Source, which created our solar system.

It is an awesome creative power, which the “Word” possesses. Bailey describes the origin and power of the Word as follows:

1. All the words of Power are rooted in the Great Word committed to the Solar Logos at the dawn of manifestation.
2. All the words of Power are permutations or expansions of the three basic sounds, and increase in length as the planes are involved, until the sentences and speech of the finite unit, human, in their myriad differentiation’s are arrived at.
3. Therefore, on the path of return, speech becomes ever more brief, words are more sparingly used, and the time eventually comes when the adept employs formulas of words only as required to carry out specific purposes along two lines

- a. Definite creative processes
- b. Specific direction of energy

This, of course, on the planes in the three worlds.

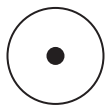
4. The aspirant, therefore, has mainly three things to do when preparing for initiation —
 - a. To control every activity of their threefold lower nature (physical, astral and mental)
 - b. To control their speech every minute of every day...[This] refers to the controlled use of words to effect certain ends
5. Every Word... affects the deva kingdoms, and hence the form-building aspects of manifestation. No sound is ever made without producing a corresponding response in deva substance, and driving multitudes of tiny lives to take specific forms...The majority of human beings as yet build unconsciously, and the form constructed is either of a beneficent or maleficent agency.

A basic understanding of the power that words and, by extension, thoughts have on the spiritual and mental planes is necessary before we can begin to understand how this can impact our physical lives. All events, which occur on the physical plane, have their start in the higher (spiritual, mental, emotional) planes. This is a basic principle of manifestation and the reason why our beliefs create our reality. They have their beginning in the subtler realms, where a seed is planted by a thought, emotion, or spoken word. From there they grow as they are given energy by repetition of the thought, emotion or word, and eventually become manifest as physical events. As Bailey stated, most people create unconsciously, and a great deal of damage and unnecessary trauma has been

created by people creating unconsciously. Bailey wrote about this very subject more than 100 years ago. Imagine what a different world we would have if people had taken her wisdom to heart at the time of her writing. We can do something now to change our future if we so choose. This is a very simple discipline, which anyone can practice, with a little conscious effort.

I stress the power of thought, as it is important for us to understand as we stand at the threshold of a new millennium and the beginning of a new era, the Aquarian Age. Thoth is an appropriate symbol for this age for it is a mental age. Representing that higher mind available to everyone who strives for it, Thoth is a symbol of the common person striving for the attainment of uncommon goals. It is from here that the creative power of group thought is executed, and it is with this group power that we can recreate the world.





The Advent of the Group Messiah

The Third Stage of the Messianic Return

The Third Aspect of the Universal Return (Group Messiah) will come after the expression of the first two aspects - the first & Second SUN have been felt and enacted upon the Earth. This relates to the Holy Spirit of the Trinity. As Buddha manifested the Will, The Father, and Master Jesus, manifested Love and Wisdom, so shall the Group Messiah manifest the Active Intelligence, The Holy Spirit. It will be through the expression of the Group Messiah, that readied men and women shall be again shown the true potential of the Spirit and show the way to obtain liberation.

The momentum of spiritual interest is changing worldwide, therefore the Group Messiah will also have many active Messiahs from different parts of the world.

The Group Messiah is returning to re-establish the WORD that has been lost in the last 2,000 years. The Bible talks of "the latter days," the sun and the moon being darkened, the stars that will fall, and that the Lord will come with a host of angels that will sound their trumpets seated upon the clouds of glory. These conditions will manifest, but only in a symbolic sense. The negative inference in the above passage is actually positive when interpreted by the secret language.

After these times of transition are completed, glorious liberties await the earth. First must come religious freedom. We must be set free of all preaching of hell, fire and damnation that has been taught to the mass consciousness. We must yield to the highest truth, the universal principle within us. The Group Messiah has already been activated into many physical bodies. This Group Messiah was activated during a four day time-window November 8 – 11, 2003. One of the primary reasons for this paradigm shift is that now enough souls on earth have become universal Conscious. During the earth's 11th hour of evolution, it is necessary to plant the universal Light seed in all religions and philosophies now ready for the change. If humble hearts are ready, the Universal Light seed will be re born again & again in many individuals, religions & eventually nations. If put on a worldwide level, the Group Messiah is waiting for the timing to be right for the Heart of the earth to be humble enough to accept Universal teachings, merging all nations and denominations into ONE.

The Universal Age will come gradually, not all at once, just like Jesus & Buddha's Dispensations did not take root immediately.

Jesus' disciples worked hard for many, many years and the same will be true concerning the New Group Messiah. We are now witnessing the day of the signs of wonders that precede the multiple openings of the New Dispensation.

We have actually been in planetary transition for quite

some time. In 1945, the great Masters prayed from different parts of the world for the birth of the New Messiah not knowing they were praying for the advent of multiple Messiahs. After the devastation of the Second World War, most people thought this would be the War to end all Wars. Only a few years later, we were involved in the Korean War. The Great Masters could see this in the future so they prayed together collectively, a true spiritual mastermind. God heard the Masters' prayers, saw the plight on the earth plane, and engineered the symbolic birth of the Messiah four years later in 1949.

One of the principal functions of the Hierarchy is to raise humanity to higher spiritual levels. Throughout the ages, a small number of Great Ones has always manifested on the earth plane to work physically with their aspiring brothers and sisters. These Great Masters have mingled with humanity unrecognized, rendering service wherever they were, living examples of unconditional love.

The Great Council at Shamballa determined to introduce the Spiritual Kingdom to the physical levels by letting their members manifest on the earth plane in greater numbers, functioning in closer and more conscious contact with humanity. Many spiritual servants are reincarnating now at this time of history, but before the Masters can more openly work in full recognition, there must come a greater change. Though much progress has been made, we must advance much more rapidly if we are to receive the maximum benefit of the refined higher wisdom of the Ascended Masters.

The manifestation of Hierarchy on the earth will be a gradual process, but eventually the ancient wisdom will be restored here to be promoted through education as the new world religion of unity through diversity develops. The Masters' influence is already being felt, particularly in communities that have assumed the responsibility of selfless service. Only a continuing down pouring of love from the upper spiritual realms will bring about accelerated change. This streaming of light and love is being observed in many areas by tangible evidence of good will, compassion and selfless service.

Westerners have been inclined to disregard the Buddhist teachings, for example, declaring that Christians only have the one Truth. The worship of Buddha statues have been no more deeply entrenched in the doctrine of Easterners than have some of the symbols developed by Christians. The

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The Third Stage...

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Buddha was as much a divine manifestation to the Far East as was the Christ in Palestine six centuries later. Buddha was the spiritual leader for the East, as was the Christ for the West.

One function of Hierarchy is to initiate Avatars, common people who are divine messengers who bring the teachings of God directly to humankind. For Westerners to pass judgment on the quality of Eastern faith is a violation of the universal Christ principle. Each Master brought the light according to the needs of the people at that time. In the past three millennia, two major approaches were given so that the human soul could experience a particular aspect of the Divine. The manifestation of the Light, intelligence and wisdom that was embodied in the Buddha, and the example of divine love, combined with reason, as displayed in the Christ, "The Illumined One," pointed the way by the appeal to use interaction, mental comprehension and wisdom. Buddha is recognized as the "Light Bearer." He presented four Noble Truths:

1. Cease to identify with material living and physical
2. Desire, the cause of misery being the misuse of desire.
3. Appreciate spiritual values.
4. Do not regard earthly possessions and existence in the physical body of major importance.
5. Follow the Noble Eightfold path of right relations to God and your fellow man, which will lead to happiness. The eight steps on this Path are:

Right Values	Right Aspiration
Right Speech	Right Conduct
Right Modes of Living	Right Effort
Right Thinking	Right Absorption

Buddhism represents a foundation established for combining Buddhist love and human relations each soul is striving to achieve. Buddha demonstrated in his own life these universal concepts, helping mankind understand God was present at this moment, but also in control of the Universe. The Buddhist became conscious of the God within and also aware of a universal God; this thinking represented a great revelation. Before Buddha's incarnation, humanity had not considered God as personal; this was a revolutionary thought in personal progress toward divinity. Buddha had brought great enlightenment to humanity.

In the hierarchical system, the Buddha is an intermediary between Shamballa and the Hierarchy of the Masters. He is part of a Triangle of Force, the other two parts being Spirit of Peace, and the Avatar of Synthesis. These three jointly support the Christ, aiding him with the force of Light, Love and Power. Cooperation on all levels is required for fulfilling Christ's task as Leader of the Hierarchy and Teacher of

Humanity, as he comes forth into the energies of the Aquarian Age.

The Buddha and the Christ are close associates, the Buddha actively participating in the preparations for the Christ return to the world. These strong bonds between the Buddha, the Christ and humanity go back throughout the ages, but are now fast approaching a melding point. Following this responsibility of helping the Christ in the demanding task of His re-entering life again on the physical level, the Buddha will withdraw even further from direct contact with earth and will move to higher levels of spiritual service.

Striving for enlightenment, humanity will be part of an elaborate plan of action that is worked out in the minutest detail. Using a mundane illustration, an Army general plotting an invasion of enemy territory meets with his commanding officers to plot the strategy down to the smallest aspect. Officers of lower rank are then delegated to very specific responsibilities for carrying out the Master Plan, It finally comes down to who carries the ammunition, who is responsible for food, blankets and uniforms.

Whence comes this imagination, this ability to plan and carry out authority? Where does mind and imagination originate? There is nothing that is not God, so man must learn to think God's thoughts. The Scriptures confirm this hypothesis - "As above, so below."

Can we conceive that the carrying out of God's orders would be done without thought of the minutest details, the most important assignment in two thousand years for the earth plane? The pattern of responsibility is given to levels of Hierarchy; humanity has been indoctrinated by their communication with the forces of God's various levels of authority. God plants ideas into the imagination, the mind, and functioning individual consciousness. Authority is delegated on many levels, in heaven and on earth.

**The Evolution Of The Universal Prototype
[The First Sun]**

The Christ & Buddha are only two of many Masters & World Teachers. Christ was one of the first earth-born individuals to be initiated into the Kingdom of God, and ever since has kept his position as one of many loving and beloved teachers of men and angels. The Universal Principle, potent God power, was so strongly focused in the man Jesus for three years of Jesus' public ministry that he became associated as the only personification of this energy. However, this Universal Principle is available, as Jesus indicated, to all human beings; it is the part of the Soul that is latent in every individual. We simply have to be taught how to release this inner Universal power on human levels,

The Universal principle is manifested by complete selfless love. To receive this energy as Buddha, Moses and Jesus so justly earned would make the individual a Universalist. People are being constantly bombarded by this divine energy of the Universal Love and Light; how each person receives the essence is up to the individual in their quest for enlightenment,

As Buddha manifested Light, so the Christ is the principle of Love, also possessing the qualities of the Buddhic Light. Christ is the personification of love and service, admonishing man to love one another. We are encouraged to share wisdom we have acquired; no exclusive order exists in the Kingdom of God; universal energy is of love and never of vengeance. What might appear to be punishment is simply the law of cause and effect a person brings upon oneself through freedom of choice; the law of nature working out to its own natural conclusion,

When Christ ascended from the crucified body of Jesus after three years, he returned to etheric levels, invisible to humanity, but still fulfilling the task of guiding humankind on their path back home to God.

While on earth, Jesus taught that our Mother-Father-God is a God of love, the human spirit is eternal and that the physical body is only the temporary vehicle which eventually returns to disintegration. He taught that the Spirit, the Universal Principle, is present in everyone, but best expressed through unconditional love and selfless service to humanity.

The Great vision through many Messiah embodiments is returning to Earth and welcomes all men and women of all religions, philosophies and nationalities. All individuals who are inspired by Divine Spirit, no matter what church or denomination, are of God. The task of the Aquarian Messiahs will be to unify peoples and nations into a loving world-wide fellowship, serving humanity everywhere, under a unified world philosophy of diversity. Every church that has personified God as the loving God of all humankind has an inherent basis of truth, but no church on the earth plane today possesses total truth. Acceptance of men and women everywhere is a divine prerequisite for the coming world peace and the planetary Sister/Brotherhood the many Messiahs will promote.

Universal Consciousness refers to conscious recognition of the inner potential principle that exists in every individual awaiting manifestation.

New awareness is imminent, arriving in this incarnation which will inspire the heart and mind of that individual on the path home to perfect oneness with the Source. Eventually, nothing can prevent the Soul's homeward journey. The memory and longing will continue to bring the soul to the path of return, this pattern imprinted at the time of individualization.

The spiritual manifestation of Universal Consciousness, which is the symbol of freedom and liberation of the soul, is permeating the earth with urgency. Universal energy is a magnetic force drawing people together in fellowship. When humanity becomes willingly lighted with the universal spirit and allows its manifestation in thoughts and actions plus a concerted effort toward spiritual unity, the group appearance of the Messiah can occur.

It is of no consequence to the Messiah whether an individual accepts theological doctrine, or that the Gospel story is accepted in detail. If an individual wants to concentrate his or her energies on interpretations of who and what God is, who or what the Christ or Buddha is, that is entirely one's preroga-

tive. What is of ultimate importance is whether a person has love in their heart for God, for their neighbor, and for themselves as a spark of divinity. This is the true measure of individual redemption.

God does not put labels upon creation, why should any person label their neighbor? A true Universalist is a person who recognizes their God and loves and serves everyone, wherever in the world they are or of what lineage, culture or belief. Universal Consciousness is energy - God Consciousness is energy - signifying a Truth that is - the Truth within one's being that demonstrates love is Truth - and love and truth are active manifestations of God. An individual knows that they know, utilizing the power of the word can only put into human language a definition of a knowledge and wisdom that exists, a power that is and has created humans with the potential of greatness.

It was given to the earth plane by Hierarchy that the Group Messiah would appear on astral levels when a certain mantra would be released to humanity. On June 1, 1945, the Great Invocation was given. Since then, this mantra has spread worldwide, being translated into many languages.

THE GREAT INVOCATION

From the point of light within the mind of God
Let light stream forth into the minds of men -
Let light descend on earth.

From the point of love within the heart of God
Let love stream forth into the hearts of men -
May Christ return to earth.

From the center where the will of God is known
Let purpose guide the little wills of men -
The purpose which the masters know and serve,
From the center which we call the Race of Men
Let the plan of love and light work out
And may it seal the door where evil dwells.

Let light and love and power
Restore the plan on earth!
Let light and love and power
Restore the plan on earth!

Nineteen forty-five was the year it was determined the Messiah- not realizing it would represent a group energy for this era. Many disciples, the new group of world servers, the initiates, also the fifty Holy Women who kept the word alive following the crucifixion, have now incarnated to prepare for the Second Coming, The majority of these workers may not be consciously aware of the approaching physical appearance. The appearance is upon us. The etheric atmosphere is vibrating with energies created by the group Messiah's imminent approach.

The etheric level is the universal realm. The etheric interpenetrates the entire solar system, including the physical and astral realms. The astral realms pertain specifically to realms or planes between the physical and etheric. Lower astral

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World Peace and Sister/Brotherhood Begins With Us

A Daily Meditation For The Earth



We ask you to assist in the formation of an invisible International Meditation Pyramid in cooperation with individuals comprising World-wide participating groups projecting LOVE and LIGHT energy at the SAME TIME every evening (11:00 P.M. EST - 8:00 P.M. PST). Our collective spiritual visualization can be alive, strong and powerful - its aggregate action can serve invaluable assistance in counteracting present negation on earth. By many groups of well intentioned individuals meditating at the same approximate time every day, a Universal chain of positive visualization and affirmation can be created. Our daily meditative procedure symbolizes an active and constructive extension of the Universal master-mind principle - "If two or more among you gather in harmony and share a common benevolent purpose, it shall be done."

We Come Together In Peace; For Peace, For The Healing Of The Races, For The Healing Of The Nations, for the uniting of diverse paths sharing in unison and seeking in a united endeavor toward Light and Love that blends all things into spiritual ONENESS. It is truly the time for all of us to work harmoniously in close cooperation and amalgamate Universal Goodwill and the world wide assimilation of Light and Love into the mass consciousness.

How We Can Meditate For The Benefit Of The Planet.

Create an image of a large pyramid of Light over planet Earth. Inside the pyramid, envision World Leaders - of all nations, religions, and philosophies; economic, financial and energy officials, sitting in a large circle holding hands (symbolizing Unity and Goodwill for all peoples). After affirming Unification with all other people participating in the Meditation Pyramid, repeat this affirmation: "All decisions reached by

World Leaders will be made out of Love and Light and in accordance with divine will." Clearly visualize all World Leaders and all peoples everywhere in the world joining hands in a great circle of Humanity, in this spirit of true understanding, peace and sister/brotherhood; each man, woman and child sending Light, Love and Spirit to everyone and everything on earth.

Let each person and Light group form a light pyramid for themselves and consider our individual pyramids as facets of an earth-covering pyramid of LIGHT. Just as the great pyramid of Gizeh has many chambers, let our individual meditation units serve as many chambers within a large pyramid that covers the entire planet and acts as a focus of Light for Universal energies.

Envision All Existing Inharmonious Conditions As Being Irradiated And Love Filled And All Conflicting Negative Energies Dissolved By Our Concerted Projections Of Light And Love.

Please encourage your friends, relatives, and members of your religion and philosophical group to also meditate every evening with us and link together our symbolic pyramids and further strengthen the bonds of friendship and goodwill world wide.

BLESS ALL! "Darkness is simply the absence of Light." So, that which is of the darkness disappears when sufficient Light is generated and sent forth. Remember the first fiat of creation, "Let there be Light." NOW is the time for that proclamation from every Light Bearer of this planet. Stand firm in the realization of the bright LIGHT that comes to you and be in the vanguard of projecting that new Light. Love enfolds you and the plan IS being fulfilled! Rest assured that upliftment of human consciousness comes as surely as the dawn!

Each of our energies are being used at whatever place we find ourselves and whatever we have learned - by visualization, communication, actualization, realization, communication on every level of awareness - with confidence.

This Light and Love Prayer called the International Meditation Pyramid was inspired by United Research, Black Mountain, N.C., U.S.A. The International Meditation Pyramid will become a vortex of energy projection. The medi-

A Daily Spiritual World Unity Love & Light Projection

I put my Family in a pyramid of light & love.
 I put my City in a pyramid of light & love.
 I put my State in a pyramid of light & love.
 I put my Country in a pyramid of light & love.
 I put the North American continent in a pyramid of light & love.
 I put the South American continent in a pyramid of light & love.
 I put the Asian continent in a pyramid of light & love.
 I put the European continent in a pyramid of light & love.
 I put the African continent in a pyramid of light & love.
 I put the Australian continent in a pyramid of light & love.
 I put the Polar Regions in a pyramid of light & love.
 I put all other lands and peoples in a pyramid of light & love.
 I put all other planes of existence in a pyramid of light & love.
 I put all other planets and galaxies in a pyramid of light & love.

SO BE IT ... IT IS SO!

tation technique described has a basic scientific principle behind its power. More power will be intensified in the principle of the Spiritual visual level and its employment by individuals worldwide will have a powerful effect working in conjunction with the trinity - which is Spirit, Space and Humanity. It exemplifies the whole essence of the New Age. It is the new Trinity.

Freighted with the experiences acquired during billions of years of evolutionary growth, man has arrived at the point where he can comprehend his relationship with God. He is essentially a part of the Creator and may share in God-consciousness in proportion to his desire to do so. No limitations are set upon him - those he has are self-imposed and may be eliminated at will. Man is earth-bound only in his imagination. His home is the great universe with all of its rolling planets. He himself is infinity; he is cosmos. He has nothing to fear. His allegiance is his own. Realizing the essential unity of all life, the awakened man sees in his fellow beings expressions of that same cosmic force of which he himself is an expression, and a feeling of love for them all springs up naturally within him.

Man's thought evolving within him has brought forth at last the understanding that he has been growing throughout the countless eons of time toward complete God-realization or God-consciousness. Though in the majority this mystical union is not yet complete, some of the Masters have experienced it. They know through direct contact that the cosmic harmony resulting from this union is the great goal toward which all souls evolve. Few have reached it as yet, but those who have seek to inspire the masses of still struggling souls with assurance that infinite wonder and beauty awaits them.

So marvelously is man identified with cosmos that each atom of his body is a solar system in miniature, or perhaps we should say systems. Around each positive proton, or sun, revolve continuously numerous negative electrons, or planets. These revolutions take place in space, in apparent vacuum, just as planets in the astronomical universe revolve in what some scientists have termed ether, but what Einstein calls simply a continuum. But this continuum is not a void, the Masters have learned. It is filled with cosmic consciousness. Divine thought, in the form of cosmic rays, penetrates into each tiny atomic universe and dwells there always. Within the brain is a small circular cavity which, from a purely physiological standpoint, appears to be a vacuum but in reality is inhabited by the spirit of God.

Just as the complete history of physical evolution is duplicated in every fetus, so the whole evolution of consciousness is illustrated in the human body. The human body is made up of myriads of simple cells which on one hand are grouped into

particular and complex organisms and on the other may be resolved into atoms - which are the basis of all existence from the crystal upward to man.

It has been necessary to coordinate mysticism with science and philosophy in order to bring out the full significance of evolution. Reason and intellect working alone were able to discover only the objective aspects of the truth. Without the help of the Masters, we still would not know that "the original impetus" was God-consciousness.

To yield one's will to the Creator of the Light is to know infinite and abiding joy. To calm one's own intellect, the finite mind, is to know an inner peace that passes understanding. The quiet, inner flow of the stream of light that leads to the Center of Light brings expressions of joy on the inner planes that transcends all other purposes.

The unfolding of the infinite mind into one's center of being is a priceless gift of the Father. The Divine Earth Mother that yields to the light of the Sun brings forth the Christ - this is the purpose of one's path, the individualized manifestation of the Golden Light, the eternal, restless spirit that flows upon the ethers of the universe.

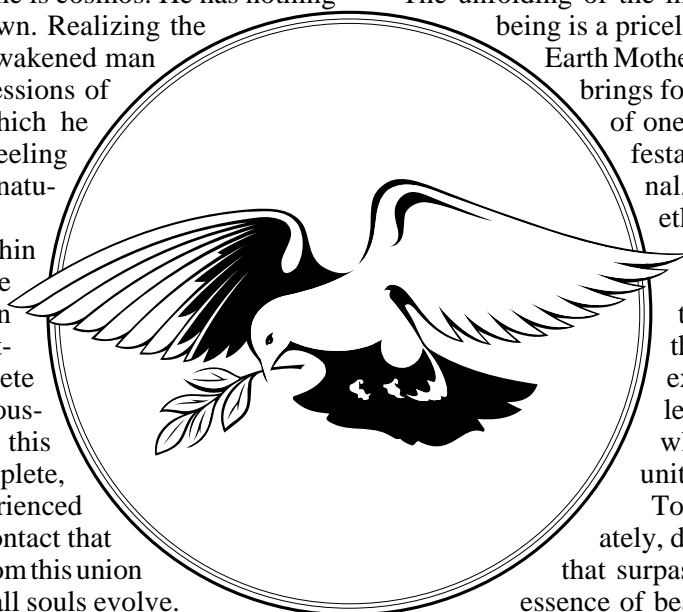
The vast expanse of space that is filled with the vibrations of the Holy One who sits upon the throne of eternal light is a glorious expansion of time and space that leads all of His creation into one whole, one unyielding, glorious unity of love.

To love so completely, so passionately, dispassionately, is a glory of unity that surpasses all other emotions. It is the essence of beauty that shall possess accepting souls - the creation of creations.

There shall be no loftier purpose for the hearts of men and women to encompass. The totality of it is the essence of love and joy. To unfold, layer upon layer, as does the many petaled Lotus, is to reside upon the bosom of the Father-Mother God, to be encompassed with love so eternal and pure there can be no other essence. Be holy in thought, be pure in deed as we walk among humanity, for the light of the Holy One is upon us and you shall be a light unto many. Rejoice in the revelation of the light, for it is of pure essence of spirit that permeates the atmosphere in which we live and breathe. The breath of God moves through that which He has created, and it shall forever be pure. Await the coming of the Silent One as He brings forth the pure white lily of love. The fragrance of its flowering fills the nostrils of those who await the birthing of the "Christ within".

Bow down and worship the coming of the Christ within for there is no peace like it for all of Humankind. Our own Christ birthing is imminent. There shall be the joy unending upon such arrival. It is the essence of holy wisdom. Await it in

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World Peace...

Continued from page 9

patience and adoration. The crowning of the Lotus is a mark of attainment; rejoice in its flowering. Peace shall be upon us, love and light shall be our pathway. Be ever aware of the Father's presence, and His mastery of all that is. The path leading to the way is indeed narrow and straight, but it leads to the Heavenly throne of perfection. It is worth the price of a thousand lifetimes, and is of unending joy. The way-shower has arrived and peace is upon our countenance.

The Spirit of God flows through the ethers to determine that a person recognize oneness with the Creator of all that is. There is no time lag from the beginning to end, for time is of foreverness, and the glory of the Lord sends each soul to its utmost inner self, to know and to be known of the Father-Mother God, the Original Beginning, of which there is no ending.

There shall be glory only to the Creator of all that is. All is of one mind, one thought, one glorious whole that shall direct humanity down the road to world peace.

The glorious cause shall not be tampered with; there shall be unity of spirit and performance of those involved. An individual shall, in weaker moments, get caught up in the small finite mind on the earth plane. This illusion of grandeur shall be the downfall of those who cannot rise above personality and self desire. The gluttony of the shallow mind and the selfishness of purpose cannot serve the One True God, the God of salvation, for the pure in heart. Harken to the call of the Godhead and of those who have been entrapped in the fire of selfish desire. Know the fire burns brightly and cleanly, consuming the dross of lower nature.

Spread wide the elements of our mind and heart, for there is only the sureness of spirit that shall suffice for the task ahead. There is no room or space for wavering or wandering. All people shall be tested and determination made of their fitness to serve in the great cause of peace.

We must yield to the highest within us, for this is the call of the great Central Sun that shall absorb and consume our very souls and spirits. Be wary, yes, but bow to the innermost teachings of the Sacred Ones who have labored so long for the purification of the planet and the glory of the galaxy of the total Hierarchy that marks the Day Star of the glorious dawning of peace and earth, the coming glory of humanity's great mission upon the earth plane, the oneness with the Father.

Behold the dawn! Humanity shall become master of their destiny when they have yielded their will, totally without reservation, to the totality of the force that molds all that is into the glorious light of the Central Sun.

The mission can now move forward, in the hands of discerning ones who have caught the true vision of the whole. Indeed, there are few who are advanced enough in this space of time, to be heralds of the TRUTH that shall be manifested on the earth plane in this century.

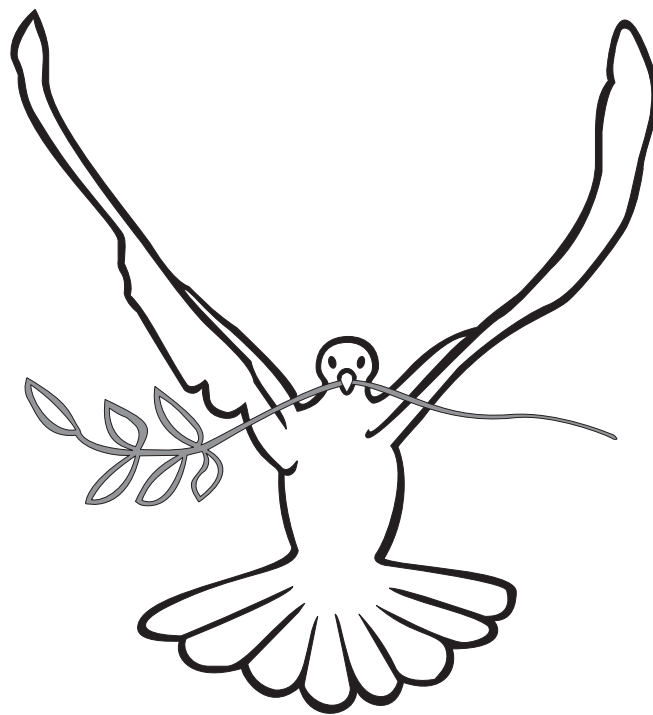
There is no easy way. It was never meant to be easy, for perfection is the concept of human feeble ability to grasp the

Father's teachings. Do not believe, however, it is impossible. Know we are instruments of the One God, we are the extension of the One God; dedicated to perfect our higher selves. Strip from the lower self all thoughts of personal gain and all mundane beliefs that do not offer wholeness to any traveler of the Way.

Ultimate love is a love of purity and wholeness. First, one must become discerning, knowing full well the weaknesses of the earthly desires of humanity everywhere. Yet, know the rewards of faithfulness are great, they are indeed the Pearl of Great Price, the glory of the Morning Star, the son and daughter coming unto the Father in perfect obedience.



PEACE



*Begins Within
You!*

The Third Stage...

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realms are next to the earth plane level of consciousness, higher astral levels approach the etheric, the universal realms. The astral is a matter of vibration rather than designated areas of space; therefore, the higher vibrations can interpenetrate the lower vibrations. Each realm has also several levels within its structure, so there is a fusion of vibrations, or levels within the entire structure of vibrational levels. As it is on the Earth plane, where each individual is at a level of development, so it is on astral and Etheric planes. Where many frequencies of vibration exist, a person can develop their consciousness to a degree that their "spiritual eyes" can perceive into the higher realms of consciousness. As long as the soul is encased in the physical garment, a soul can aspire to expanded vision, the levels and planes of vibration go so far beyond present comprehension. We have greater opportunities to perceive these levels of being than any other period in history. Vibrating at a higher recorded intensity through attainment of Universal Consciousness will be needed to elevate to this state of awareness. Now is the time!

The group return of the Messiah is presently prepared by the collective energy that has built a wall of beautiful aura cover around the earth. If one could be high enough above the earth, the earth aura would look like a great pall of light circling the earth. Made of vibrations of all thoughts, ideas, emotions, goals and objectives of individuals and collectively of nations, this circle of new dynamic energy must be accelerated by humankind's elevated thoughts of world peace and good will, invoking the light, converting and transmuting darkness into more Light essence.

The GREAT INVOCATION has done much to create positive thought forms: Groups universally inclined all over the world are invoking the light which is converting previous dark into light. Because of the projection of light energy on the inner and outer levels of consciousness, attitudes are changing dramatically that ten years ago appeared to be unchangeable.

One of the signs that the major opening is near will be that key responsibilities in local, state and national governments will be assumed by people who are overlit by the universal principle. Many of these men and women will be highly evolved spiritually. Many of this new group of world servers are not yet aware they are being used by Hierarchy to help in the transition from the Old Age into the New Aquarian Consciousness.

The Piscean Age represented the male aspect of universal energy, the Aquarian Age the feminine, bringing ultimate balance for all energy is either negative or positive - male or female - the universe always striving for this intricate balance. The Aquarian feminine aspect will see many more women taking much more active roles in local, national and international affairs. The feminine energy will be greatly felt in political and cultural leadership roles.

To say that the Christ will return to the earth plane is incorrect. The Messiah energy has never left the earth plane.

This energy has been working consistently for and with humanity for the last 2,000 years. Many, because their emphasis upon physical consciousness, have been unaware of this energy. Spiritual sensitive individuals have known and will continue to become increasingly aware of overlit until the actual realization through many Messiahs. Many individual Messiahs will physically manifest the overlit by their own expression of love and work in behalf of the welfare of humanity.

The New Millennium will bring a new civilization of good will, peace and better human relations, resulting in one humanity, one diversified world religion, one world order. To bring this about, most of the emphasis upon the old order has to be altered, much of it has already been changed. The old order was dissipated in the circumstances of 1914-45, with the Depression and World Wars, but it has continued on social and economic levels. The urgency in men and women everywhere to desire and declare openly their need for freedom is partly because the Messiah is overlit the earth, insisting upon, most of all, a freedom of choice to take the steps necessary to become universal. God responds, the individual responds, and more energy is focused; it is a flow of spiraling need and response that increases inner communication between a person and their Source.

The coming ones will be Christian, Hindu, Buddhist, American, Jew, Italian and Russian - title is not important, these Messiahs stand for all humanity, to unite all religions, philosophies and nations. This does not mean that nations must all embrace one political ideology, language or form of government. Unity in diversity is now the trademark, This confederation of nations shall be rich in its diversity, nationalities shall contribute their separate heritages and cultures for the enrichment of the common purpose of mutual welfare and progress.

It is not yet known how the Messiahs will be identified from the many false prophets that have emerged upon the world scene, but they may not be recognized by the masses throughout the world. They may work behind the scenes and will use whatever mechanics are available to them. Mass media could carry the message around the world in a matter of minutes. Vibrations will be synchronized with many world servers and they will recognize and respond to the universal call to service.

Two thousand years ago the word was taken by messengers who walked across the land and sailed the waters in small boats. Eventually, through arduous work the word did spread to every corner of the then known civilized world. In the second and third-hand written and verbal expression of the simple message of love and sister/brotherhood, the word became badly distorted, which has caused cleavages among believers, creating sects that argued and even fought violently for their particular dogma. The desire for power and spiritual superiority has led to bitter excesses, even bloodshed.

It was during the time of the Inquisition that many of Jesus' teachings were deleted from the sacred writings, especially

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The Third Stage...

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teaching on reincarnation (Law of Rebirth) and karma (Law of Cause and Effect) that was so much an integral part of the knowledge of Jesus' day. This removal of these two original books from the Bible was a deliberate desecration of the teachings of the Hierarchy by leaders who wanted to keep the populace under their control. They perpetrated false teachings, creating fear and superstition among the unlearned, separated East from West with a deep chasm of misunderstanding. It was, and still is, in certain areas of the planet a time of darkness for humanity. It must not happen again. Hierarchy must show humanity can lay aside their dogma and look at their fellow beings with tolerance and forgiveness. Being less threatened, a person can hear his neighbor across town or even worldwide as they truly speak their hearts, the deep and sincere desire for oneness will prevail. As the universal love energy reaches the planetary mindstream, the world disciples will know the Group Messiah (First Suns) for many worked on the earth plane before. Many have received teachings from higher consciousness during meditation and in dream state, and have tuned voluntarily into universal vibrations. However, there is a change in strategy this time on inner levels, the Messiahs in their full power will manifest to many world servers. They will instruct them in their particular mission and many seminars and Conferences will be conducted worldwide emphasizing universality. When this is accomplished the many Messiahs (Second Suns) who have been preparing, will begin their work and world peace will then become a living reality.

The time of multiple Messiahs return will depend on how well the world disciples do their work quickly individuals absorb the universal message and put forth the effort to unify the world - and how quickly, how people respond on inner and outer levels. This will not be done for the peoples of the earth. Full responsibility rests with each individual. Certain individuals will understand this, and go forth to their task, for the return to the Source of their being is the ultimate goal of humankind everywhere, complete oneness with the Father-Mother God. The speed of its manifestation is up to each person's determination to become a Messiah themselves.

After his initial thrust is completed, Christ (the First Sun) will return to His position as leader of the Hierarchy, titular head of God's ruling circle of divine patriarchs. The length of time the Christ will remain depends on the receptivity of humanity to the call to sharing. He will project His energy through the embodiment of the Messiah (Second Son) from His Etheric Christ office.

Unity-motivated souls will respond to His call, their inner drive for spiritual world unity will synchronize with higher energy. People opposing the recognition of the Christ may struggle intensely, but it will not be prolonged. The Christ energy by then will be so strong people will be dealt with according to their own individualized karma and their ability and desire to assimilate this accelerated energy.

The angels of darkness will come as angels of light, but this

allegory is symbolic as are many of the Biblical passages. This is happening on the earth now, people must be very discerning and observe the words of leaders who speak of the familiar words of goodness and universal spirituality, yet fail to apply their true meaning when they are in the marketplace, or an unfamiliar place away from restrictions of family and friends. The anti-Christ energy so many have been warned and concerned about is the accumulation of misdirected negative energy. Examples of anti-Christ energy are additives in our food, pollution in our air, subliminal advertising promoting mediocrity in our own lifestyle, self-motivation caused by negative thinking processes. This accumulation has been long in gathering, affecting events throughout the world. It is now being dissipated by love and light projected from disciples of all faiths worldwide, picked up and intensified by the Ascended Masters on the Etheric planes. Each individual must recognize their responsibility in purifying their particular area of expertise and operation. The Group Messiah will externalize when citizens of the planet have made a concerted effort to accomplish the spiritual unity of nations ideal.



WORLD PRAYER YEAR 2010

ONE OF THE MOST POWERFUL YEARS IN PLANETARY HISTORY

The ancient science planetary numerology reveals many hidden mysteries revealed of magnificent, powerful births for the benefit of humanity. The year 2010 is one of those classic years that may change the course of history in a totally positive direction.

The destiny of the year 2010 is to help create a new positive personal and planetary level for the earth plane.

These magnificent energies will occur on the physical, mental and emotional planes.

All of these powerful energies are created for the benefit of peoples of all nations.

With this planetary manifestation and the power of this year, the recommendation is for you to pray this year for the best of everything and everyone. The homeless to find homes, the hungry to find food and the sick and injured to be healed are possible daily prayers for you to consider. Whatever you perceive to be the best results to occur on the planet now and in the future is what you should focus on during the entire year of 2010.

The law of manifestation is simple:

1. Think about your planetary goals.
2. Write your planetary goals down on a piece of paper.
3. Speak your planetary goals out loud.

These simple techniques will assist your goals to manifest on the planetary, mental, emotional and physical levels. Let's all pray this year to achieve our maximum spiritual potential. Remember, when we individually pray, our prayers for the planet are for everyone except ourselves. All children are our children.

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World Prayer Year 2010...

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The Importance of Positive Prayers in 2010 is essential to help create a new positive Earth reality. The entire year of 2010 represents spring time on a planetary level. The new group of World Servers are farmers planting dynamic positive light seeds for the future of the planet to the next millennium. Positive prayers and thoughts projected into the mind stream of the planet will manifest “Out of little acorns grow great oak trees.”

An impersonal positive loving nonjudgmental focus is imperative for each world server to place positive light sending healing and forgiving energy in the planetary mind stream. Impersonal non-judgment loving intent is the key to plant our prayers as dynamic powerful loving light seeds.

Please take your personal prayer time every day for the remainder of 2010 to visualize in your own way the positive changes you want to see on Earth.

WORLD GOVERNMENTS Examples of daily prayers to political leaders:

- 1) Abolish w-a-r by Earth governments, future conflicts to be verbally negotiated.
- 2) Sharing of natural resources with other nations.
- 3) Sharing financial resources with the homeless and hungry.
- 4) Bring the Ten Commandments to the International level.

WORLD RELIGIONS

- 1) Seeking beliefs common with other religions.
- 2) Pledging financial tithes to the homeless and hungry.
- 3) Inspiring congregations to pray for all peoples worldwide.
- 4) Thanking world religions for sending donations to the homeless, hungry and underprivileged.

WORLD HEALTH CENTERS

- 1) Many cures being found for existing illnesses.
- 2) Miraculous healings everywhere.
- 3) Individuals in all nations encouraged to follow the laws of diet and exercise.

WORLD ECONOMY

- 1) Invoking mentally prosperity for all economies worldwide.
- 2) Businesses financially thriving in every country.
- 3) Thousands of jobs becoming available in all nations.

From the Editor

SunUp is published twice a year in May and November by The Spiritual Unity of Nations (SUN) in Wyoming, Michigan.

The SUN membership fee is \$35 for one year. A membership includes two issues of the SunUp newsletter and a 10% discount on registrations for SUN conferences or seminars.

Please submit your material for the November issue of SunUp by September 1, 2010. Articles, photographs, artwork and poetry are welcome, along with letters to the editor. SunUp reserves the right to edit any material used in a SunUp newsletter. Please address any correspondence to:

The Spiritual Unity of Nations
P. O. Box 9553
Wyoming, Michigan 49509

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SUN Prayer

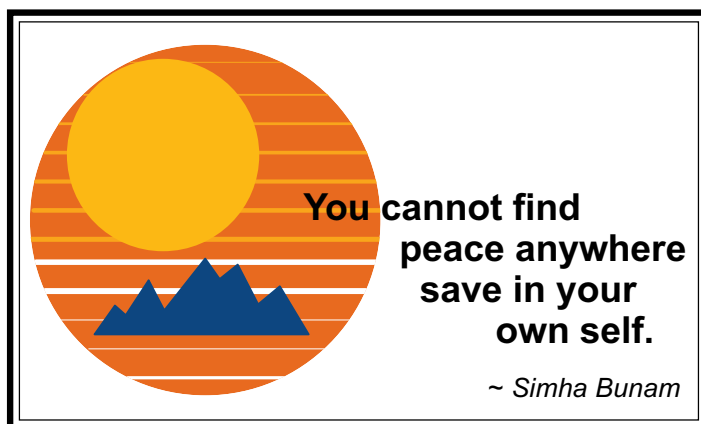
Oh Light of God, illumine our minds.
Oh Love of God, fill our hearts.
Oh Power of God, direct our will.
Let light, love, power enlighten mankind.



Focus of SUN

The Spiritual Unity of Nations is an organism dedicated to the unification of religions, nations, peoples and individuals for the common goal of world peace. On November 11, 1982, SUN was established as a non-profit, tax exempt corporation in the State of Michigan.

The general focus of the SUN is to provide opportunities for people on the spiritual path 1) to meet at seminars and conferences to network and exchange knowledge, 2) to take initiatory trips around the world in partnership with World Light Travels and 3) to receive information about the seminars, conferences and trips through the SunUp newsletter.



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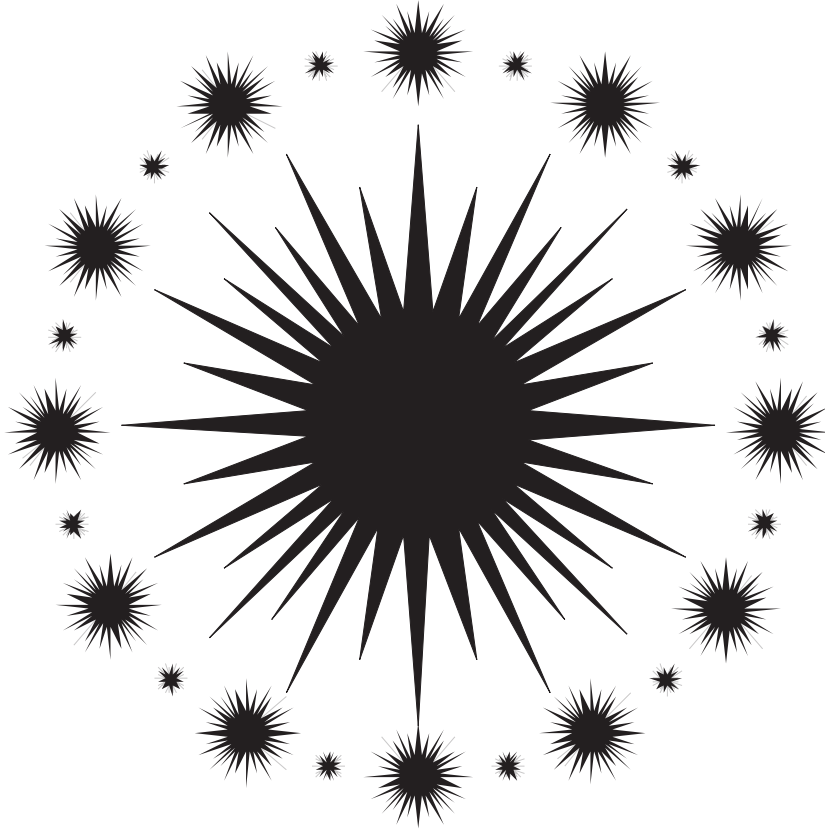
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